

Synopses

JULY 2010, ISSUE 45



President's Report

Kareen Mekertichian

It's a strange feeling sitting at my computer, thinking of formalising an official, inaugural President's Report for a Society which has been such an important part of my professional and social life for so long.

I was reminded of this whilst attending the wonderful Biennial Meeting in Queenstown recently, which was not only highly successful, but also provided an amazing scope of varied themes and lecture topics. For many of us, our last experience of Queenstown was in 1995 at a similar ANZSPD conference. This would be a watershed event for many attending, especially those of us in or near completion of our training. Looking around the lecture theatre some fifteen years later, it was with great pride that I noted so many members of our Society, still so actively engaged in the advocacy of dental health for our child patients in both the local and international arena. It was also at the social events, where again I was reminded of the wonderful camaraderie and strong links which have been forged within our group over many years. One of the most encouraging aspects of the recent Biennial Conference was the high level participation of the younger members of our profession and I truly believe that the future of our Society and our passion to remain contemporary will be strengthened into the next phase of our evolution.

The Queenstown Convention

The local organising committee under the guidance of Dr Katie Ayers should be greatly praised for the innovative and highly successful Biennial Meeting in Queenstown in March 2010. This was the 16th Convention of the Society and one of the most picturesque and idyllic venues ever chosen for our meeting. Professor John Featherstone was the Colgate Keynote Speaker, providing an update on caries risk assessment and recent considerations in the caries balance story. We were also fortunate to combine the Australasian Academy of Paediatric Dentistry meeting prior to the Conference and many people used this opportunity to also visit the local region, no doubt to savour more of the amazing food and wines on offer. The social programme was again a highlight with the GC Gala Dinner "Bollywood-Hollywood" providing a glamorous event to finish off the festivities. The theme of the Conference "Preparing for Tomorrow's Child" provided a wonderful platform for various other local and international presenters to highlight the importance of a fully rounded approach in management of

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PRESIDENT'S REPORT
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children in all aspects of their lives. One of the highlights for me included the inspirational presentation from New Zealand's own Celia Lashlie who spoke on the transition of boys into "good men". Celia provided a powerful message of hope and support for our future society as we struggle through the challenges facing many of our boys as they develop into adulthood. The pressures we impose on our children are enormous and the influences which often seem to affect them are constantly under challenge. I see this with my own children as they continue to develop but having two Type A personality profile parents can't be that easy! The real test for all of us is to balance the pressures of a demanding and stressful profession within the context of the bigger picture.

I was also amazed by the ongoing findings from the Dunedin Study presented by Professor Richie Poulton on the links between nature verses nurture in so many aspects of our lives and attitudes. This multidisciplinary study has followed a cohort of 1014 individuals (97% of the original study number!) from birth to the current evaluation age of 38 years. During this time, details relating to many aspects of physical and mental health have been examined – including cardiovascular, dental, respiratory, sexual and mental health, psychological well-being and detailed interviews about relationships, behaviour and family. Over 1100 publications have now been generated from this amazing study, with diverse findings which continue to influence our understanding of all aspects of health and well being.

ANZSPD Conferences always leave me with a sense of renewed confidence in the quality of our local presenters and researchers and it is crucial that we continue to foster this in all aspects of dental training, support and continuing education.

International News

One of the most exciting aspects of ANZSPD's global involvement is our continued association as a regional member of the International Association of Paediatric Dentistry (IAPD). Over the last few decades, our members have made outstanding contributions to the success of IAPD, again reflecting the strength of our local talent and skills. Our region was represented by Professor Roger Hall in the 80's, followed by Associate Professor Richard Widmer in the 90's who both served as President of IAPD. These members have played significant roles in the success of our Society from inception to the current era and are well known and respected by all of us. Our representation continues once more as we enter a new decade with Dr Eduardo Alcaino achieving the highly prized position of President Elect of IAPD. Ed has been an active member of many local and international dental associations and has been intimately involved within the executive of ANZSPD, AAPD and IAPD for many years. This well deserved and prestigious position is not just a wonderful achievement for Ed, but also a reflection of the ongoing excellence generated from this part of the world. I know that many of our members will take the opportunity to share Eduardo's success in Athens (June 2011), where he will be inducted as the next President of IAPD. There's nothing like the buzz surrounding ANZSPD members on Tour, so bring your dancing shoes and mark your diaries!

By now, many of you would be aware of the forthcoming move by Associate Professor Nicky Kilpatrick to take up a professorial position in Bristol, UK. Nicky has been an integral part of the paediatric and dental world within Australasia since arriving with her husband Stuart in 1994. Nicky

has maintained numerous clinical, research, academic and hospital appointments and has paved the way for a positive future for our children's dental health. Nicky's passion, commitment and tireless energy have been an inspiration to countless others and her contribution to us will always serve as a golden standard.

During her time at the Royal Children's Hospital Melbourne, Nicky has overseen 18 senior registrars, 28 postgraduate Paediatric Dentistry students and supervised 4 PhD theses, 15 Masters students and 6 Research Fellows. Nicky has also generated more than 28 grants totalling over \$2.2 million, not to mention her numerous publications, awards and hospital appointments.

Above all this, Nicky has been a dear friend to many and we know that the lure of the beach, BBQ and fine wines will eventually bring Nicky and Stuart back to the southern hemisphere to reconnect with their mates again.

Political Advocacy

One of the great strengths of our Society is that we draw membership from many diverse individuals and groups, all of whom bring their collective experiences and expertise to the table. The binding aspect of this diversity has been our shared interest and belief in the continued support of providing optimal dental care for the child patient. We are now facing many changes individually and collectively in the provision of our work – be it in the delivery of dental care and work practice legislation, registration and specialisation requirements or in continuing education. Many of these challenges will have positive outcomes although it will be critical for the ANZSPD to remain actively involved in continued discussion on all political levels and help to represent the interests of our

membership effectively and uniformly. The Federal Executive of ANZSPD has committed to taking a more progressive and assertive role within the dental community to ensure that the strengths which we possess can be more effectively utilised and appropriately valued.

Colgate Sponsorship

Over many years, ANZSPD has been extremely fortunate in having ongoing encouragement and support from Colgate in order to achieve many of our goals and successes. Our partnership with Colgate remains a critical factor in the confidence and ability of ANZSPD in pursuing our charter to provide education, support and leadership within the dental community and to our broader membership. The strength of our working relationship with Colgate has been highlighted to our Society in many aspects, particularly during the last few years of global financial challenge and upheaval. Consequently, it has been an important task of the Federal Executive of ANZSPD to formalise our links with Colgate, in order to ensure a mutually beneficial association and to provide a benchmark in developing our interests into the future. Colgate continues as the Principal Sponsor of ANZSPD and to this end, I would like to thank Dr Barbara Shearer (Scientific Affairs Manager – Colgate Australia) for her continued support, enthusiasm and encouragement of our Society particularly as we finalise our ongoing agreement and commitment for future success. We have been extremely fortunate in having such a strong ally within Colgate, to help secure a successful and robust relationship which can continue well into the future.

At the time of publication of this issue of Synopses, Barbara and her family will begin the next exciting chapter of their lives as they relocate to New

York, where Barbara takes on the new role of Associate Director of Scientific Affairs within the US. I know that all our members join with me in wishing Barbara, John, Lucy and Matthew a wonderful life ahead as they begin this new adventure overseas, taking with them all our best wishes and hopes of happiness and success.

Final thoughts

In our extremely busy world, it is usually very difficult to make a balance of all the parts which fill our lives and I like this quote from Winston Churchill ...” Making a living is about what you get. Making a life is about what you give”. This appeared in my daughter’s school magazine recently and it made me think of the expectations we often place on ourselves, our children and our patients. Dentistry is a demanding profession no doubt, but we have a real opportunity to contribute, participate, develop and enrich not only ourselves but all those we are in contact with.

As with all organisations, there are many people involved in the machinations of the process which allows ongoing success and viability. One of the biggest challenges in coordination sits with the editor of Synopses. Dr Dorothy Boyd has been at the helm for several years and has kept the momentum going with great skill and commitment. Remember that this is our Society’s own publication and we need all your support, contributions and involvement to make it a success. We thank Dorothy as she steps aside after a wonderful run and welcome Dr Tim Johnston who takes on the challenging role of sourcing ongoing content.

Wishing you all a warm, safe and happy time as winter is upon us and I hope to see many of you again at the next event.

Congress Report

Katie Ayers

An excellent convention was held at the Heritage Hotel, Queenstown 28-30 March.

The setting was beautiful, speakers excellent, and delegates enthusiastic. A wonderful time was had by all.

Highlights included presentations by the keynote speakers John Featherstone and Yasmi Crystal, and also a very entertaining and insightful presentation by Celia Lashlie. Our special thanks go to our sponsors and exhibitors (particularly our principal sponsor, Colgate), the speakers, and Conference Innovators who did a fantastic job of organising and managing such an excellent meeting. We look forward to attending the next ANZSPD convention in Australia!

*Katie Ayers
on behalf of the Conference Committee*



Federal Secretary-Manager's Report

Alistair Devlin

The Federal Council met at the time of the Queenstown A.N.Z.S.P.D. Federal Convention held in late March. The meeting was the final one presided over by Dr Nina Vasan.

The new officers were elected, and they will hold office until the next Convention of the Society, the 17th, due to be held between April 2012 and March 2013 in New South Wales.

New office bearers

President

Dr Kareen Mekertichian

President Elect

Dr John Sheahan

Secretary-Manager

Dr Alistair Devlin

Synopses Editor

Dr Tim Johnston

Other matters considered at the meeting were as follows:

1. G.A. Access for Child Dental Patients. Drs Sheahan and Winters, on behalf of A.N.Z.S.P.D., had sent a detailed report to the Federal Australian Dental Association, seeking representation to the Australian Government Department of Health to overcome this anomaly, where limits are imposed on children requiring dental procedures under G.A. Unfortunately, there has been

no sign of further action from the A.D.A., and with a federal election due in Australia in 2010, it was agreed the time was right for action. The President would be following this up with the A.D.A.

2. The R.K. Hall Visiting Lecturer is planned for 2011. A departure from the usual format for the visiting lecturer is proposed for 2011. Normally, the visitor travels to three different centres, but it is planned to have the visiting lecturer at just one centre, at Uluru in the Northern Territory of Australia. The South Australian branch will be conducting this meeting on behalf of the Society, and the most likely time will be at the end of August 2011.
3. Once again, the Society will be conducting the two Professor Louise Brearley Messer A.N.Z.S.P.D. Essay Competitions in 2010. The post-graduate topic: "Describe and discuss the use of mini-screws and mini-implants in orthodontics for improving anchorage potential".

The under-graduate topic is: "Discuss post-trauma sequelae in the primary dentition and its subsequent management".

4. The mailing list of the Society was discussed. It was agreed there would be a great advantage if this could include email addresses where possible. In future, branches would be encouraged to obtain email addresses for all members for inclusion in the Society mailing list. It was reiterated that access to these addresses would be limited as much as was practicable. Another matter considered along similar lines was the idea of adopting an annual automatic membership renewal by direct debit. This idea will be advanced with branch secretaries with a view to possible implementation in 2011.

5. As mentioned above, Dr Tim Johnston will be the new Editor of Synopses. I wish to record my sincere thanks to the cheery and efficient Dr Dorothy Boyd, who has retired as Editor. She has done a sterling job! I wish Tim all the best as Dorothy's successor.

I think that is all from me for now.
Cheers,

Alistair

2010 ANZSPD

Winner Colgate Paediatric Dentistry Post-graduate Research Award

Presenter: Susan Hsieh

Address: Paediatric Dentistry, Westmead Centre for Oral Health

Darcy Road, Westmead NSW 2145

Contact phone & email: 0404023277

Email: susan.hsieh@gmail.com

Supervisor: Dr Manish Arora, Dr Sally Hibbert, Dr Peter Shaw, Dr Helen Somerville

Institution/Discipline/Research Unit: Paediatric Dentistry

Research supported by the Australian Dental Research Foundation 25/2008

Abstract

Title: Effects of childhood antineoplastic therapy on dental development

Authors: S. Hsieh, M. Arora, H. Somerville, P. Shaw, S. Hibbert

Objectives: To evaluate the long-term effects of paediatric antineoplastic therapy on dental development.

Design: Cohort study

Setting: Children's Hospital at Westmead

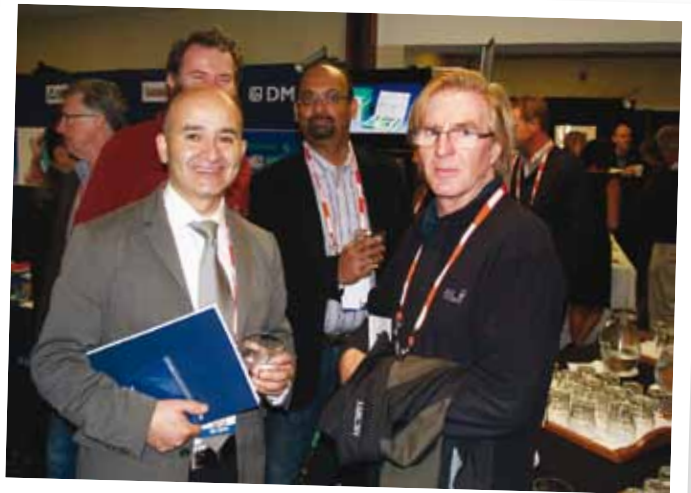
Sample and Methods: Participants were included if they had received antineoplastic treatment prior to 16 years of age and were in remission for more than 5 years. Participants underwent a dental examination and orthopantomograms (OPGs) were taken. Holtta's Defect Index was used to assess tooth aplasia, microdontia and root-crown ratio on OPGs. Each tooth was assigned defect points (more severe defects accrued more points), which were added to give the HDI score for each patient. Multivariable-adjusted regression models were used to estimate the effect of sex, age at start of treatment and treatment modality (surgery, chemotherapy, radiotherapy) on HDI scores and occurrence of microdontia and hypodontia.

Results: One hundred participants (61% male) were recruited. The mean HDI score was 24.7 ± 17.8 . The mean HDI scores were highest for children who were between 3 and 5 years of age the start of treatment (mean age 3-5 = 35.5; 95% CI: 25.6 – 45.3). Stem cell transplantation (SCT) increased the HDI score by 19.0 ($P < 0.0001$). Head and neck irradiation increased the HDI score by 12.8 ($P = 0.001$), while total body irradiation (TBI) increased the HDI score by 16.8 ($P < 0.01$). A cumulative dose of cyclophosphamide greater than 7500mg/m² increased the HDI score by 13.06 ($P = 0.01$).

Conclusion: Younger age at start of treatment, BMT, head and neck irradiation, TBI, and receiving more than 7500 mg/m² of cyclophosphamide increased the risk of dental disturbances. This is the first study to apply the HDI to patients receiving all forms of antineoplastic treatment, and amongst the first to clinically assess the dose-dependent relationship between cumulative dose of cyclophosphamide and dental disturbances.



Susan Hsieh being congratulated by Alistair Devlin as winner of the Colgate Paediatric Dentistry Post-graduate Research Award





ANZSPD Branch News

Western Australia

The first meeting for 2010 was held on 9th March when Associate Professor Angus Cameron, who was in Perth for the Convocation of the Royal Australasian College of Dental Surgeons, gave a lecture: "What's in a Face? A Clinical and Biological Approach to Dysmorphology". The lecture was delivered at the Oral Health Centre of WA in Nedlands. The audience comprised mainly staff and students of the Dental School, but a few of the Society members were also in attendance. Needless to say, the lecture was extremely well received, with the audience able to observe a remarkable range of "faces", but with Professor Cameron challenging the audience to try and decide what was going on with many of them.

The next meeting for 2010 will be a completely different affair. It will be on 25th June at the Opus Restaurant, which is in the upmarket Richardson Hotel in West Perth. In addition to an elegant dinner, members and partners will be addressed by two eminently qualified speakers. The first of these is one of Western Australia's leading paediatric Ear, Nose and Throat Surgeons, Clinical Professor Harvey Coates AO. Professor Coates will speak about the interaction between ENT and children's oral health - specifically, the effect of diseased tonsils and adenoids. He has a wealth of material upon which to draw, with his research in WA, the Northern Territory and in Indigenous communities. He will be complemented by Orthodontist, Dr Mike Razza, who will speak about "Contemporary Orthodontic Expansion".

Plans are also well in hand for the Annual Mid-Winter meeting. Once again, the Society will be visiting Bunker Bay, which is located at the gateway to the Margaret River wine growing region in the south west of the state. The meeting will be 27th to 28th August 2010; the keynote speaker for this meeting will be Orthodontist, Dr Siva Vasudavan. Dr Vasudavan has recently returned to Perth following his speciality training.

Alistair Devlin

Victoria

ANZSPD (Vic) just held a dinner on 8th May to farewell Nicky Kilpatrick and honour her contribution to paediatric dentistry in Victoria and Australia. This is a photo of Nicky posing with the Aboriginal painting that ANZSPD (Vic) presented to her as a farewell gift.



We are in the midst of preparing for the inaugural "Brownbill Prize" (see page 6) presentation night to be held on 26th August. We will have five candidates (local/Victorian and interstate) competing for the award.

*Fiona Ng
Secretary*

New Zealand

The NZ Branch would like to thank all the ANZSPD members who made it to Queenstown for the Biennial ANZSPD Congress. It was wonderful to see so many colleagues from around the country and from Australia. All of it could not have been possible without the management and organisation skills of Dr Katie Ayers. While completing her PhD, running a busy private practice, working for her local DHB and being a mum, she managed to ensure that the conference went off without a hitch. Thank you Katie!

We are getting organised now for our yearly study day. Any ANZSPD member is welcome and it is being held in late November in Wellington. It usually turns out to be a sunny day and we hope that we can continue to challenge each other with interesting cases and general Paediatric reports. For information please contact myself (erinkm@slingshot.co.nz) or Dr Craig Waterhouse- Hon Branch Secretary craig.shona@xtra.co.nz. We hope to see you there.

In November Dr Mary Anne Costello takes over as president of our branch. Mary Anne has been a faithful member of our branch and an advocate for children's dentistry in NZ for many many years. I wish her luck in her time as presidency and thank Dr Craig Waterhouse, Wanda Gaynor and all our committee members for making my tenure easy!

Happy winter.

*Erin Mahoney
President NZ Branch ANZSPD*

*Australian and New Zealand Society of Paediatric Dentistry (Victorian Branch)**President*

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The Inaugural Brownbill Prize

Thursday 26th August 2010

Background

In support of postgraduate paediatric dentistry education in Australia and New Zealand, the committee of the ANZSPD (Victorian Branch) in 2009 proposed an evening of research or case presentations to compete for the Brownbill Prize. This award was named after Associate Clinical Professor John W. Brownbill to honour his long membership of ANZSPD and his contribution to the paediatric dentistry profession. Any postgraduate student currently enrolled in a paediatric dentistry Masters or Doctorate program in Australia or New Zealand or any student who completed one of these programs in 2009 is invited to compete for this award.

The Award

The winner will receive a single return economy airfare and paid registration to attend the International Association of Paediatric Dentistry meeting in Athens in 2011.

Conditions

1. The judging panel reserves the right to withhold the award for any reason.
2. No correspondence into the award judging will be entered into.
3. The award winner must be willing to present their research or case at an international meeting and acknowledge the support of ANZSPD (Vic Branch).
4. All participants must be prepared to have their abstract published in Synopses.
5. The award winner must be prepared to have the paper of the presentation published in Synopses.

Rules

1. The order of presenting will be determined by a draw from a hat, the draw conducted by the Branch Secretary.
2. Each presentation is strictly limited to 10 minutes. A bell will be sounded at 8 minutes followed by at 10 minutes.
3. Presentations will be followed by 5 minutes question time, with the judges having first right of question followed by questions from the floor (if time allows).
4. Presentations will be judged on the quality of the abstract, description of the case history and presenting problem, summary of pertinent literature, treatment planning ability, interpretation of result, quality of management, conclusion, presentation style, audio-visual quality and relevance to paediatric dentistry.



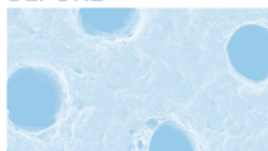
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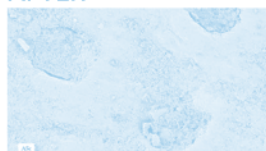
BEFORE¹



In Vitro SEM photograph of untreated dentine surface.

The tubules that lead to sensitivity are open

AFTER¹



In Vitro SEM photograph of dentine surface after application.

The tubules are plugged for instant, lasting relief

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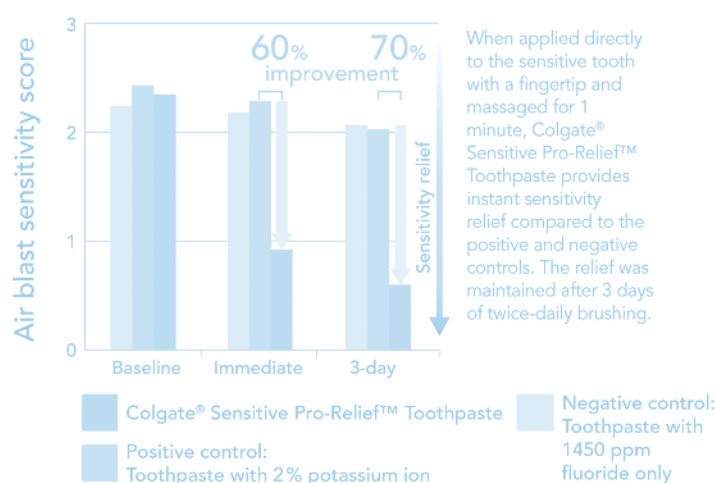
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Scientific works cited: 1. Petrou I et al. J Clin Dent. 2009;20(Spec Iss):23-31. 2. Cummins D et al. J Clin Dent. 2009;20(Spec Iss):1-9. 3. Nathoo S et al. J Clin Dent. 2009;20(Spec Iss):123-130.

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Changes to the Colgate Scientific Affairs Team

There have been lots of changes to the Scientific Affairs team over the last month. **Barbara Shearer** has left our shores for the bright lights of Park Avenue, New York to take up the role of Associate Director, Scientific Affairs for Colgate Oral Pharmaceuticals.

Barbara first joined Colgate in 2004 as the Scientific Affairs Manager for New Zealand and shortly after was promoted to the position of Scientific Affairs Manager for the South Pacific, based in Australia.

Barbara has worked closely with the ANZSPD over the last four years and will be missed by many of its members. The Scientific Affairs team congratulate Barbara and wish her continued success in New York.

We are delighted to announce the appointment of **Dr Sue Cartwright** to the position of Scientific Affairs Manager. Sue joins us from Auckland University of Technology where she is the head of the Bachelor of Oral Health Program.

Both **Lenore Tuckerman** and **Jenny Morgan** have also changed roles within Colgate. Jenny has taken up the position of Academic Affairs Manager and Lenore is now the Academic Affairs Consultant in addition to her BSBF responsibilities.

We look forward to introducing you to Dr Sue Cartwright in the next issue of Synopses.



Colgate is very proud to once again be offering the Colgate "Bright Smiles, Bright Futures" Award to be presented at the 2011 International Association of Paediatric Dentistry Congress in Greece.

This award is given to the best community oral health education program targeted at children. The purpose of the award is to stimulate the development of innovative programs world wide and to facilitate information sharing and transfer.

Any individual or organization responsible for creating or implementing a preventive community oral health program serving children may apply. At least one member of the team should be a supporting member of IAPD.

As a member of the Global Child Oral Health Taskforce for Australia and New Zealand, I am aware of some wonderful programs that have been implemented recently. If you are involved in any programs that you feel may meet the criteria, I would encourage you to enter. The best program selected by the judges will receive an award of \$2,000 USD which will be presented at IAPD in Athens, June 15-18, 2011.

For more information about this award, please feel free to contact me at lenore_tuckerman@colpal.com

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Coming events

14-17 July 2010
88th IADR General Session and Exhibition

Barcelona

8 October 2010
General Anesthesia in Paediatric Dentistry

The Amora Jamison, Sydney
www.sydneypaediatricdentistry.com.au/2010seminar

16-17 September 2010
BSPD annual scientific meeting
Sheffield, U.K.

26-28 November
Hypnosis basic and intermediate workshops

New Plymouth, NZ
Contact Daniele Lonchamp
daniele.lonchamp@tdhb.org.nz

16-19 March 2011
89th IADR General Session and Exhibition
San Diego, California

30 March 2011
AAPD
Brisbane

26-29 May 2011
64th AAPD Annual Session
New York, N.Y.

15-18 June 2011
23rd IAPD International Congress
Athens, Greece

Australia and New Zealand Society of Paediatric Dentistry
www.anzspd.org.au

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Federal Secretary Manager

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Mailing List

The mailing list for the distribution of Synopses is maintained by Dr John Winters on behalf of the Federal Secretary/Manager of ANZSPD. It is compiled from information supplied by the Branch Secretaries. If there are errors in your mailing details, please contact Dr John Winters or your Branch Secretary. Please do not contact Colgate for address correction.

Submissions

All text for inclusion in Synopses must be submitted to the editor on CD or by email. Media will not be returned. Address email to timjohnston@westnet.com.au. Please enclose your contact details and email address with all submissions.

Deadline next issue Monday, 13 September 2010